



GATORADE
GATORLYTE[®]
ORANGE

- Rapidly rehydrates your body and helps to replace the electrolytes you lose in sweat
- Made with a specialized blend of 5 electrolytes (sodium, potassium, magnesium, chloride, and calcium)
- 2% sugar solution helps absorb water into the body
- Made with no artificial sweeteners or flavors
- Backed by scientists at the Gatorade Sports Science Institute

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Nutrition Facts

6 servings per container
Serving size 1 packet (15g)

Amount per serving

Calories 45

% Daily Value*

Total Fat 0g 0%

Sodium 420mg 18%

Total Carbohydrate 12g 4%

Total Sugars 10g

Includes 10g Added Sugars 20%

Protein 0g

Calcium 100mg 8%

Potassium 300mg 6%

Magnesium 95mg 25%

Chloride 640mg 30%

Not a significant source of saturated fat, trans fat cholesterol, dietary fiber, vitamin D, and iron.

* The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

SUGAR, CITRIC ACID, SALT, MONOPOTASSIUM PHOSPHATE, CALCIUM LACTATE, MODIFIED FOOD STARCH, MAGNESIUM OXIDE, MALTODEXTRIN, NATURAL FLAVOR, PURIFIED STEVIA LEAF EXTRACT, SILICON DIOXIDE, YELLOW 6

Contains No Fruit Juice



GATORADE®
ZERO
GLACIER CHERRY

- Zero sugar
- Helps replenish your body with electrolytes you sweat out
- Low calories
- Formulated to mix easily in water
- Compact sized to help keep you hydrated on-the-go
- Backed by scientists at the Gatorade Sports Science Institute

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Nutrition Facts

1 serving per container
Serving size 1 packet (3.0g)

Amount per serving
Calories **5**

% Daily Value*

Total Fat 0g 0%

Sodium 230mg 10%

Total Carbohydrate 2g 1%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Potassium 70mg 0%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, and iron.

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CITRIC ACID, SODIUM CITRATE, SALT, CORN SYRUP,
MONOPOTASSIUM PHOSPHATE, MALTODEXTRIN, NATURAL
FLAVOR, GUM ARABIC, SUCRALOSE, SILICON DIOXIDE,
ACESULFAME POTASSIUM

Contains No Fruit Juice



GATORADE®
THIRST QUENCHER
FRUIT PUNCH

- Carbohydrate energy to help refuel working muscles
- Helps replenish your body with electrolytes you sweat out
- Formulated to mix easily in water
- Used by the pros
- Backed by scientists at the Gatorade Sports Science Institute

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Nutrition Facts

1 serving per container
Serving size 1 packet (35g)
makes about 16.9 fl oz

Amount per serving
Calories 130

	% Daily Value*
Total Fat 0g	0%
Sodium 230mg	10%
Total Carbohydrate 34g	12%
Total Sugars 32g	
Includes 32g Added Sugars	65%
Protein 0g	
Potassium 70mg	0%

Not a significant source of saturated fat, trans fat cholesterol, dietary fiber, vitamin D, and iron.

* The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SUGAR, DEXTROSE, CITRIC ACID, SALT, SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVOR, MONOPOTASSIUM PHOSPHATE, CALCIUM SILICATE, MODIFIED FOOD STARCH, CARAMEL COLOR, RED 40

Contains No Fruit Juice